



Comprehensive first aid and CPR skills for professional first responders or those training to become first responders. Course teaches the patient assessment model, cardiopulmonary resuscitation, hemorrhage control, and care for a variety of acute and chronic conditions. Participants will be engaged in dynamic training techniques including video, media presentations, skills demonstrations, practice sessions, discussions and scenarios based on real-life situations.

Audience

Professionals in a fire service, rescue team, workplace response team, sports-medicine professionals, lifeguards and ski patrol.

Duration

40 hours

Prerequisites

None

Completion

- Successfully demonstrate the required skills
- Minimum 75% mark for written, closed book, knowledge evaluation
- Successfully complete minimum of one practical scenario
- Attend and participate in 100% of the course

Certification

3-year certification in First Responder
(digital certificate issued upon successful completion)

Recertification

20 hours

Cost

\$998.00PP

Course Content

- The Professional Responder
- Responding to the call
- Infection prevention and control
- Anatomy and physiology
- Assessment
- Airway management and respiratory emergencies
- Circulatory emergencies
- Shock
- Hemorrhage and soft tissue trauma
- Musculoskeletal injuries
- Chest, abdominal and pelvic injuries
- Head and spinal injuries
- Acute and chronic illnesses
- Poisoning
- Environmental illnesses
- Pregnancy, labour and delivery
- Special populations
- Crisis intervention
- Reaching, lifting and extricating patients

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