



Wilderness First Aid 2019

Course Objectives:

The Wilderness First Aid (WFA) course is designed to meet the needs of people that are interested in learning about wilderness emergencies and how to treat them properly.

After taking this course you will be familiar with some of the most common backcountry problems. You'll have hands on practice in evaluating, treating, and evacuating injured persons in wilderness settings. You'll get a feel for what situations require medical assistance and those which do not.

Course Dates:

Next course will be held at Larryland outside of Keene, Ontario. **June 14 (afternoon)-15-16.**

The **14th** is the start date and begins at around **3 pm**. You will be expected to camp out at our site as we will be running some simulations. You should bring a pair of pants and a shirt you do not mind cutting up for practice.

Treat this as a real weekend camping trip and bring all your camping gear.

Time Commitment:

The length of instruction is approximately **20+ hours**.

Course Cost:

The cost is **\$250** per person cash, check or e-transfer to Mikes email address below. Includes breakfast, and lunch, if you have any food allergies let us know when you sign up.

NOTE: Course offering depends on a minimal number of participants or it may be postponed until a latter date.

Registration deadline is May 1/2019.

Please contact Mike at sog22@hotmail.com or office 705-652-0785 cell 705-991-0785

for any further information

20+ hours of Advanced Wilderness First Aid 2019©



Presented by **Emergency Preparedness** “**FIRST**”

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Sign in
Review of Initial Assessments
BTLS basics
 MOI
 AVPU
 B.P./H.R.
Focused History & Patient Exam “SOAP NOTES”
Head Injuries
Spinal Injuries/clearing
The Unconscious Patient
Wound Care/cleaning
Impaled Objects
Unstable Injuries
Dislocations
Improvised Traction Splint
Acute Abdomen
Lightning injuries
Hot & Cold Injuries
Clean up
Feedback, Go Home

At some point you will be sent out on a scenario, and you will have to handle what ever you find. These scenarios will be video taped for review. We will spend at least half of the time out doors snow/rain or shine, so come dressed properly. What you will need to bring is anything you would take on a trip into the bush, You decide what to bring and we will go over what you have brought and what you may want to add or subtract. We will be following the Wilderness Medical Society guidelines.

Cost \$250.00 per person.

Registration deadline is May 1/2019.